

ARTICLE

FIT INDIA
By :- "AMAN KUMAR".

Everybody knows that a healthy mind lies in a healthy body, For a successful life. We need both, so that one works when we live.

Today health is one of the burning concerns not only in India but in other countries as well people everywhere are living a life full of stress which leads to anxiety, depression and other health issues.

To overcome this issue of health over PM Narendra Modi, launched a campaign naming it The Fit India Campaign and the goal of this campaign would be a India free of health cancer. A healthy India, people should come forward and join this movement. So that they feel fresh and active the whole day. If every body will join hands and will come together in this campaign. The day is not far that India will touch heights of success because a Fit India will be a Hit India.