

ONE DAY NATURE CAMP

I would like to share the beautiful experience of my NCC camp. Around 30 credits had participated in this camp. Our camp was designed with the theme "Fit India". An initiative taken by Government of India. Also fulfilling the aim of developing the spirit of adventure in a credit and fondness towards nature. The one day Adventure camp was held at Nirmal Nature Campsite at Quepem Goa. We were all in our NCC track suit. The journey started on Sunday 7th March 2021 all cadets reported to the college campus at 8:15 am. Then we boarded the bus from college to Nirmal Nature campsite. I was quite nervous and curious about how the camp would go. The basic structure of the camp being nature trails punctuated with spaces for reflection through nature games and activities. The campsite had different and unique types of plants. We were introduced and give information to all of them by the head of the Nature campsite. The campsite had very peaceful and earthly nature to it one could feel close to nature there. It had many different kind of adventure activities like Cammondo bridge and watch tower even fun activities like seesaw, swing and slide. we were all given the demo of how each activity should be performed and the safety measures to be taken while performing them. The activities really challenged the cadets to give there best and push their limits to a greater heights. It also thought me the importance of physical fitness. The campsite was gifted with a pool which I'm sure was the

most fun activity for all the cadet. We played volleyball in the pool. The campsite had a big canteen area for us to have lunch. As the motto of NCC is Unity and Discipline I sure learned the meaning of Unity there. We all had lunch together, sharing your food. This camp allowed is to have a stronger bond with every other cadet. Departure time from the venue was 4:00pm.It was a wonderful experience. I will always be thankful to NCC for providing me with such an excellent experience.