

Regimental No — WR20SDM153101

Rank — Cadet

Name — Sujoy Biswas

Institute — D. B. College

Indian Culture

'Indian culture' is the mother of all cultures. be it art of living or apparently the rich knowledge of science and music. All the regions and religions of the world have their own culture with many customs, tradition and refined qualities. It is a culture of love, respect, honouring others and humbling ones own ego so that the inner nature, which is naturally pure and modest will shine forth.

Respect and reverence of elders is a key stone of Indian culture. This genuine acknowledgement of seniority is demonstrated through endearing customs, like not sitting while they are standing even serving their food first. We find the youngsters never using the proper names of their elders. In respect, we touch the feet of all elders, holy men and women in recognition of their great humility and attainment. A student touches the feet of his teacher. Purity in mind, body, speech, thought, word and deed is vitally important for us. The concept of zero and the primordial sound of 'Om' was given by India.